

With God in Hunger

Kelly Brady, Senior Pastor

Matthew 6:16-18, 9:14-15

going deeper

1. How would you describe your current spiritual hunger?
2. Describe your past experiences with fasting? How have you benefitted from spiritually-motivated fasting?
3. How might fasting from food teach you something that you are unable to learn otherwise? Why do you think Jesus assumed we would fast as a part of our spiritual life?
4. Why do you think the author of the gospel of Matthew included the section on fasting immediately following Jesus' teaching on prayer? How do you understand prayer and fasting fitting together?
5. Review some of the following passages and list out the various purposes connected to fasting:
 - a. Acts 9:9
 - b. Acts 13:3
 - c. Acts 14:23
 - d. Jonah 3:5
 - e. Psalm 35:13
 - f. Matthew 4:11
 - g. Matthew 9:14-15
6. Based on the sermon and some of the above passages, how do you anticipate implementing the practice of fasting in your life?

Questions about today's sermon? Text your questions to 630-474-6164
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